

WORKING FROM HOME - WORKCOVER

With the ever-increasing need to work from home there are many questions that members have regarding rights and entitlements.

In this fact sheet we briefly explain your rights when working from home with regards to eligibility to WorkCover.

Whilst your employer must consider safety when supporting you to work from home, you are also responsible for your own safety whether you're in the office or at home, so you need to take reasonable care.

If you get injured,

1. In the course of your employment or while performing any activity that is incidental to your employment; and
2. You have your employer's permission (implicit or explicit) to work from home;

You should be covered for workers' compensation.

You are covered in the following circumstances:

- During your lunch break
- When making coffee
- When sitting at your desk doing work

You may not be covered if you are doing something completely unrelated to work, such as hanging out the washing or playing with the dog.

In conclusion you can be assured that if in the course of your work you are injured you should be covered. As always, there are some exceptions so it is important to seek advice when injured.

Knowing your rights is important for everybody, send this fact sheet to your colleagues and encourage discussion around good working from home practices at your organisation.

For further information please contact:

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